



**PHYSICALMIND**  
**INSTITUTE®**  
*fitness for life*

The Master on the original  
Universal Reformer – ca. 1955

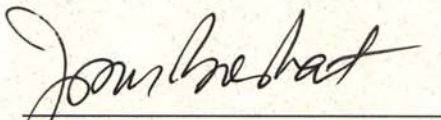
December, 1997

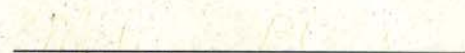
Peter Sheridan  
432 Aviation Blvd.  
Santa Rosa, CA 95403

Dear Mr. Sheridan:

Congratulations on the successful completion of the **I. INITIATION** phase of the Physicalmind Institute Certification program. You attended the course in December, 1997, at *Body Change Studio* in Santa Rosa, CA and passed the final exam.

This letter confirms your completion and is the **Certificate** you earned for learning the Matwork developed by Joseph and Clara Pilates.

  
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Joan Breibart,  
President

  
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Madeline Black,  
Certifying Teacher